

Here are some useful sites for parents to help with things like parent controls, content and suitability, device monitoring.

<https://www.childnet.com/parents-and-carers/parent-and-carer-toolkit>

offers a toolkit to support parents and carers of children of any age to start discussions about their online life, to set boundaries around online behaviour and technology use, and to find out where to get more help and support



[https://www.internetmatters.org/?gclid=EAIaIQobChMIktuA5LWK2wIVRYXVCh2afg2aEAAAYASAAEgIJ5vD\\_BwE](https://www.internetmatters.org/?gclid=EAIaIQobChMIktuA5LWK2wIVRYXVCh2afg2aEAAAYASAAEgIJ5vD_BwE) provides age-specific online safety checklists, guides on how to set parental controls on a range of devices, and a host of practical tips to help children get the most out of their digital world

<https://www.thinkuknow.co.uk/4-7/4-5-year-olds/>

Think you know has some interactive stories and information for different age ranges. It is child and parent friendly and can be used to help children to understand what they see online.



<https://parentinfo.org/> Parent info is a collaboration between Parentzone and the NCA providing support and guidance for parents from leading experts and organisations

<https://www.lancashire.gov.uk/children-education-families/online->